An investigation into the anti-tussive properties of β_1 -, β_2 -, and β_3 -adrenoceptor agonists

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Introduction: Cough is an essential defensive reflex event, however excessive/chronic cough can be a problematic symptom associated with respiratory disease, for which no effective and safe medications are available¹. We have previously reported preliminary data showing that short acting β_2 -adrenoceptor agonists (SABAs), developed as bronchodilators, have antitussive activity². The SABAs blocked capsaicin induced activation of sensory nerves in the vagus (known to contain airway afferent fibres) by opening the paxilline-sensitive BK_{Ca} potassium channels and attenuated cough in guinea pigs².

Aims: Investigate the role of other β -receptor subtypes and the more commonly prescribed long-acting β_2 -adrenoceptor agonists (LABAs), and to assess the effect of LABA's on specific populations of airway specific afferents in single fibre *in vivo* electrophysiological experiments and in a 'disease' model which exhibits an exaggerated capsaicin-evoked cough phenotype.

Methods: Isolated vagus nerve depolarisation was measured as previously described^{3,4} in tissue harvested from male guinea pigs, wild-type, β_2 -/- or β_3 -/- mice, or human donor tissue (unsuitable for transplant). Neurons were isolated from guinea pig jugular ganglia as described previously⁵; intracellular Ca²⁺ ([Ca²⁺]_i) and membrane voltage (V_m) changes were assessed using FURA-2 (12µM, 40min incubation, 30min prior to use) and D8-ANNEPS (28nM/10min prior to use). Firing of single airway-innervating C-fibres was measured as previously described⁶. Capsaicin-evoked (30-60µM) cough was measured in naïve or cigarette-smoke exposed (1 hour twice/day for 8 days) guinea pigs as described previously² with aerosolised vehicle (0.1% DMSO in PBS) or LABA (0.3-3 µg/ml) administered (10min aerosol), 1h before.

Results: Each of the β -agonists caused a concentration-related inhibition of capsaicin-induced vagus nerve depolarisation in guinea pigs (Figure 1A) [non-cumulative concentrationresponse, n=4]. This inhibition was reversed by only the respective β_1 -, β_2 -, or β_3 -receptor antagonist in guinea pig tissue (figure 1B). In human vagus tissue, capsaicin-induced depolarisation was significantly inhibited by the β_1 - (denopamine;62.9±6.7%), β_2 -(formoterol; 59.3 \pm 9.3%, olodaterol; 64.8 \pm 11.2%), and β_3 -agonists (BRL37344; 58.7 \pm 3.4%) [n=3, p<0.05 - paired t test], with preliminary data showing that the effect is reversed in the presence of respective antagonists (denopamine;-22.6±27.4%, formoterol;-5.9±22.62%, olodaterol; -9.4 \pm 1.7%, BRL37344; -22.7 \pm 15.6%). Further, LABA and β_3 -agonist inhibition in wt mice (formoterol;65.8±11.4%, olodaterol;68.2±7.3%, BRL37344;50.5±8.0%) was reduced in β_2 - (formoterol;11.4±7.7%, olodaterol;-5.9±10.6%) or β_3 -receptor (BRL37344;0.2±8.3%) knockout mice [n=4-5, p<0.05 - paired t test]. The BK_{Ca} channel blocker paxilline at a single concentration (10µM) moderately reduced the β_1 - (denopamine;53.5±3.5% to 36.9±2.1%), β_2 -(formoterol; 58.2 \pm 14.4% to 25.9 \pm 5.2%, olodaterol 59.35 \pm 8.2% to 29.4 \pm 7.7%), or β_3 -receptor (BRL37344;51.9±10.3% to 15.6±8.5%) agonists inhibition of capsaicin-depolarisation in guinea pig vagus nerve [n=4-5]. Both LABA compounds (0.1nM) inhibited capsaicin-induced $[Ca^{2+}]_i$ (Formoterol; 67.6±4.7%, Olodaterol; 70.8±6.4%) and V_m (Formoterol; 77.5±6.8%, Olodaterol; 66.1±8.0%) responses of airway-terminating neurones of jugular-origin [n=4-10 cells, N=3 guinea pigs, p<0.05 - paired t test], as well as capsaicin-evoked firing of single chemosensitive airway-innervating C-fibres in vivo (Formoterol/Olodaterol [3µg/ml,2min] reduced impulse count by $90.2\pm 1.9\%/95.6$ +/- 2.8% [n=3, P<0.05 - paired t test]. Furthermore, both LABAs significantly inhibited both normal capsaicin-evoked, and smokeenhanced capsaicin-evoked cough responses (Figure 2).

Summary: We show for the first time that agonism of β_1 - and β_3 -, as well as β_2 -receptors, results in inhibition of sensory nerve depolarisation mediated through opening of the BK_{Ca} potassium channel. Furthermore, this work indicates a potential use for LABAs as an anti-tussive, beyond their current clinical use.

References:

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Figure 1. Effect of β-agonists±antagonists on capsaicin-induced vagus depolarisation

[A] Concentration response of $\beta_1/_{2/3}$ agonists inhibition of capsaicin-induced depolarisation, and [B] effect of selective $\beta_1/_{2/3}$ antagonists on the inhibition of capsaicin-induced depolarisation by a single concentration of $\beta_1/_{2/3}$ agonists. Both panels; guinea pig vagus nerve tissue, data shown as mean±SEM, * p<0.05, paired t-test compared to internal control, [A] n=4, [B] n=4-5.



Figure 2. Effect of LABA compounds on capsaicin-evoked cough in guinea pigs

Effect of aerosolised olodaterol or formoterol $(0.3-3\mu g/ml)$ on [A] normal or [B] CS-enhanced capsaicin-evoked cough. Mean \pm SEM, n=6-8, *Kruskal-Wallis, §Mann-Whitney, p<0.05