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## ABCB1 2677T and 3435T polymorphisms are associated with cilostazol-induced headache in phase I clinical trials

SK Cho ${ }^{1,2}$, K Park ${ }^{1,2}$. ${ }^{1}$ Yonsei University, Department of Pharmacology 120-752, Republic of Korea, ${ }^{2}$ Yonsei University, Brain Korea 21 Project for Medical Science, 120-752, Republic of Korea

## Background

Cilostazol, a phosphodiesterase type 3 inhibitor, induces headache by increasing cyclic adenosine monophosphate levels and dilating arteries. Multidrug resistance protein 1 (MDR1, encoded by the $A B C B 1$ gene) is expressed in vascular smooth muscle and involved in the transport of cilostazol. We investigated whether genetic variants of $A B C B 1$ are associated with differential incidence of cilostazolinduced headache

## Methods

The study had two components. First, we examined whether single nucleotide polymorphisms of the human $A B C B 1$ gene are associated with the incidence of cilostazol-induced headache in 101 volunteers participating in six phase I cilostazol clinical trials. Second, using an in vitro functional analysis, we investigated whether cilostazol is a substrate of MDR1 and the genetic variants of MDR1 show different transport activity of cilostazol.

Results
ABCB1 c.2677G>T and c.3435C>T polymorphisms were associated strongly with the incidence of cilostazol-induced headache (G/A vs. T, $P=0.006$, $\mathrm{OR}=2.34$; C vs. T, $P=0.0003$, OR=3.01; G/A2677T and C3435T, respectively). Logistic regression analysis with multiple clinical variables indicated that the presence of the T allele at the $\mathrm{ABCB1} \mathrm{c} .3435 \mathrm{C}>\mathrm{T}$ locus is an independent determinant of headache incidence. Functional analysis indicated that cilostzol is a substrate of MDR1 and 893SerMDR1 (c.2677T) failed to transport cilostazol effectively

## Conclusion

$A B C B 1$ c. $2677 \mathrm{G}>\boldsymbol{\top}$ and $\mathrm{c} .3435 \mathrm{C}>\boldsymbol{T}$ polymorphisms are related to the incidence of cilostazol-induced headache. Large-scale clinical trials are needed to confirm this finding.

