Characterisation of endothelin receptor sub-types in pulmonary endarterectomy (PEA) specimens from patients with chronic thromboembolic pulmonary hypertension (CTEPH)

Rhoda Kuc¹, Lowell Ling¹, Janet Maguire¹, Mark Southwood², Russell MacKenzie Ross², Guy Hagan², Ellen Moseley², Karen Sheares², David Jenkins², Martin Goddard², Joanna Pepke-Zaba², Anthony Davenport¹. ¹University of Cambridge, Department of Medicine CB2 0QQ, United Kingdom, ²Papworth Hospital, CB23 3RE, United Kingdom.

Endothelin-1 (ET) is a potent vasoconstrictor and promotes endothelial and smooth muscle cell proliferation (Davenport & Maguire, 2006). In human coronary arteries we have previously shown that recanalisation of thrombus is characterised by formation of new vessels which show intense endothelial ET-like immunoreactivity with ET_A but not ET_B receptors on the smooth muscle of recanalised vessels (Bacon *et. al.* 1996). In patients with CTEPH, ET levels fall post-PEA and in some CTEPH patients additional use of ET receptor antagonists is of benefit. However, little is known regarding the role of ET in CTEPH. In excised PEA specimens there are often focal areas of recanalisation containing endothelialised channels surrounded by smooth muscle cells (SMCs). Our aim, using standard immunocytochemistry and autoradiography techniques (Davenport & Kuc, 2005); was to determine the distribution and localisation of both ET receptor subtypes in PEA specimens.

PEA specimens (n=19 patients) comprising a proportion of the pulmonary artery intima and all intraluminal material was obtained with local ethical approval and informed consent from patients undergoing PEA for CTEPH. Representative samples of distal and proximal PEA specimens were snap-frozen in liquid nitrogen and cryosectioned. The autoradiographical distribution of all ET receptors was determined by incubating sections for 2 h at 23°C with [¹²⁵I]-ET-1 (0.1nM). ET_A receptors were visualized by incubating adjacent sections with [¹²⁵I]-ET-1 (0.1nM) in the presence of either 0.1µM BQ3020 (a concentration calculated to block binding of the radiolabel to the ET_B subtype) or 0.1µM BQ123 to detect ET_B. Non-specific binding was defined by incubating a further adjacent section with the radioligand in the presence of unlabelled ET-1 (1µM). ET_A and ET_B specific antisera were used in subsequent sections to further determine receptor subtype expression with co-localisation to specific cell markers using anti-SMA (smooth muscle cells) or anti-vWF and anti-CD31 (endothelial cells).

Specimens were categorised, based on morphology as highly organized, partially organized or fresh thrombus. In highly organized thrombi containing recanalised channels each recapitulated the histological architecture of an artery with a distinct endothelial cell layer (CD31 positive) surrounded by arranged contractile (fusiform) SMCs.

Using quantitative autoradiography ET_A receptors predominated and were associated with the recanalised vessels, being present on medial (contractile) SMCs. This cellular distribution was confirmed by confocal microscopy. ET_B receptors were present on endothelial cells as expected. Partially organized thrombi consisted of abundant fibromyxoid granulation tissue with admixed SMCs predominantly of a morphologically secretory phenotype (short, stellate cells) with occasional dispersed contractile SMCs and no recanalised channels. Some ET binding was visualised in the fibromyxoid thrombus core but this did not localise with the SMCs. ET receptors could not be detected in fresh thrombus.



Figure 1. Autoradiogram showing ET receptor distribution in PEA sample.

Our results indicate that ET receptors are present on contractile SMCs observed surrounding recanalised channels in fully organised thrombus but not in the secretory SMCs of partially organized thrombus. The abundance of ET receptors within PEA specimens provides evidence that the ET pathway is involved in the pathology of chronic thrombus reorganisation leading to CTEPH and provides a rationale for the repurposing of ET receptor antagonists in the treatment of this condition.

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